

Read/Educate/Challenge Yourself

Adult Reading Material

Robin DiAngelo, "White Fragility: Why It's So Hard for White People to Talk About Racism"
https://www.amazon.com/White-Fragility-People-About-Racism/dp/0807047414/ref=sr_1_1?crid=257UP6VNTUMJ3&dchild=1&keywords=white+fragility&qid=1591194295&srefix=white+fragility%20Caps%20200&sr=8-1

Ibram X. Kendi, "How to be an Antiracist"
https://www.amazon.com/How-Be-Antiracist-Ibram-Kendi/dp/0525509283/ref=pd_sbs_14_1/145-9747116-3969538?_encoding=UTF8&pd_rd_i=0525509283&pd_rd_r=8cc96666-d0b7-429c-92c1-2496597daa66&pd_rd_w=O0E7m&pd_rd_wg=B6me7&pf_rd_p=665be1f4-8d3b-46dd-91b4-582d3cec8dd6&pf_rd_r=J0067F6JVCEMAXEZ72VK&psc=1&refRID=J0067F6JVCEMAXEZ72VK

Michelle Alexander, "The New Jim Crow: Mass Incarceration in the Age of Colorblindness"
https://www.amazon.com/New-Jim-Crow-Incarceration-Colorblindness/dp/1620971933/ref=pd_sbs_14_7?_encoding=UTF8&pd_rd_i=1620971933&pd_rd_r=8cc96666-d0b7-429c-92c1-2496597daa66&pd_rd_w=O0E7m&pd_rd_wg=B6me7&pf_rd_p=665be1f4-8d3b-46dd-91b4-582d3cec8dd6&pf_rd_r=J0067F6JVCEMAXEZ72VK&psc=1&refRID=J0067F6JVCEMAXEZ72VK

Austin Channing Brown, "I'm Still Here: Black Dignity in a World Made for Whiteness"
https://www.amazon.com/Im-Still-Here-Dignity-Whiteness/dp/1524760854/ref=sr_1_1?crid=2YXRMXEZM2OLQ&dchild=1&keywords=austin+channing+brown&qid=1591194473&s=books&srefix=austin+ch%20stripbooks%20192&sr=1-1

Debby Irving, "Waking Up White, and Finding Myself in the Story of Race"
https://www.amazon.com/Waking-White-Finding-Myself-Story/dp/0991331303/ref=sr_1_2?crid=1NBBJ1NPWBMQR&dchild=1&keywords=waking+up+white&qid=1591194528&s=books&srefix=waking+u%20stripbooks%20189&sr=1-2

Books to read with your children:

Ages 0-3

Ezra Jack Keats, "The Snowy Day"
https://www.amazon.com/dp/0670654000/ref=as_li_ss_tl?ie=UTF8&linkCode=ll1&tag=andrewtelliott-20&linkId=f810f39074c96f0c2b85da59faddf01b&language=en_US

Ages 3-5

Oge Mora, "Saturday"

<https://www.amazon.com/gp/product/0316431273?tag=hacboogrosit-20>

Matthew A. Cherry, "Hair Love"

<https://www.amazon.com/gp/product/0525553363?tag=randohouseinc7986-20>

Ages 5-8

Cynthia Levinson, "The Youngest Marcher:

<https://www.amazon.com/Youngest-Marcher-Audrey-Hendricks-Activist/dp/1481400703>

Jacqueline Woodson, "Each Kindness"

<https://www.amazon.com/gp/product/0399246525?tag=randohouseinc7986-20>

Ages 9-12

Veronica Chambers, "Resist: 35 Profiles of Ordinary People Who Rose Up Against Tyranny and Injustice"

<https://www.amazon.com/dp/0062796259?tag=harpercollinsus-20>

Anastasia Higginbotham, "Not My Idea: A Book about Whiteness"

https://www.amazon.com/Not-My-Idea-Whiteness-Ordinary/dp/1948340003/ref=sr_1_1?crd=6Q4QEJEWLXZY&dchild=1&keywords=not+my+idea+a+book+about+whiteness&qid=1591194974&s=books&sprefix=not+my+idea%2Cstripbooks%2C182&sr=1-1

Ages 12+

Jason Reynolds and Ibram X. Kendi, "Stamped: Racism, Antiracism, and You"

<https://www.amazon.com/gp/product/B07WR8LTCZ?tag=hacboogrosit-20>

Jason Reynolds and Brendan Kiely, "All American Boys"

https://www.amazon.com/All-American-Boys-Jason-Reynolds/dp/1481463349/ref=tmm_pap_swatch_0?_encoding=UTF8&qid=1591195069&sr=1-1

Other Ways to Act

-Pray, pray, and pray some more. Pray for Black people across our nation and for other marginalized communities. Pray not only for equality, but equity (not sure what this means? Google "equality vs equity"). If you find yourself more upset about looting and rioting than you are about the dehumanization of our Black siblings in Christ, you have your priorities wrong. Property can be replaced; people cannot.

-Check out the resources at the General Board of Church and Society. In particular, their “take action” page makes it very easy for United Methodists to send electronic communications to your congressional representatives.

<https://www.umcjustice.org/>

-Sign a UMC Justice petition to Senators: “Systemic Racism and Discrimination during COVID-19”

<https://www.umcjustice.org/what-you-can-do/advocacy/take-action/week-1>

-Take a course about “Implicit Bias” through the General Commission on Religion and Race. \$20 registration fee.

<https://gcorr.teachable.com/p/implicitbias>

-Host a group viewing of the movie “13th”

<https://www.netflix.com/title/80091741>

-Don’t be silent when racist jokes are told. Silence is complicity. A racist joke is never “harmless.”

-Read/act upon one or multiple of the following suggestions in the article, “75 Things White People Can Do for Racial Justice”:

<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>